# HFA Live: Weaving Our Stories

TENTATIVE Schedule for Breakout Sessions

Recommended for Parents by Parents

ES Presented in Spanish

## Tuesday, Oct 27th, 1:00 PM Central

| Title | Description | Presenter 1 |
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| Immigration Enforcement: Responding to Stress in Families and Staff | Staff from a large HFA program in a community that includes many immigrants and mixed status families shares their approach to navigate the stress on families and staff related to immigration enforcement encounters. Attendees will hear about programmatic efforts to minimize the impact of the current immigration climate on families and staff, while generating deeper thought and discussion about how HFA sites can respond appropriately in a crisis across agency and program levels. | Tanya Bittenbender |
| The Triad of ACEs, Resilience, and Protective Layers | Early experiences shape lifelong outcomes — but adversity does not define destiny. This interactive session introduces the Triad of ACEs (Adverse Childhood Experiences), Resilience, and Protective Layers as an integrated framework for understanding and supporting infant and early childhood mental health (IECMH). Drawing from foundational research on ACEs, this session reframes resilience as a relational, developmental process rooted in co-regulation and buffering relationship rhter than individual toughness. Through scenarios, and reflective discussion, attendees will walk away with concrete strategies, trauma-informed language, and a strength-based lens they can immediately apply with families, caregivers, and young children. Most importantly, they will leave with renewed clarity about their role: every professional — regardless of title — contributes to the protective layers that help children thrive. | Tiffany Bartley |
| Engaging with Community Partners to Speak a Common Language of Infant Mental Health | Local HFA leaders in Maryland identified a need for meaningful professional development related to infant mental health, trauma and resilience, not just in their HFA team, but for staff across community programs and services. With a game approach, they incorporated hands-on practice alongside discussion and reflection to extend the learning. The session will incorporate feedback from community partners on the impact of the training at the community level. Attendees will experience one example of an effective way to engage partners across a community to foster connection and a common language. | Lyndsey Scott, BS, IMH-E |

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| Evaluating Healthy Families Oregon with Parents at the Center | In re-envisioning their statewide evaluation, Healthy Families Oregon, interviews with HFO staff and partners, it became clear that prioritizing family voice, both in providing program feedback and in sharing families home visiting experiences was essential to strengthening the program and its evaluation. Join this session to learn about the co-creation process with parents at the center of the evaluation, including methods used to gather family input, recruitment strategies, data collection questions and steps to create welcoming spaces for family participation. Attendees will leave with practical ideas for incorporating authentic family voice into evaluation and program learning processes. | Jessica Dahlgren |
| ¿Qué Harías Tu? Toma de Decisiones y Dilemas Eticos | Los visitadores al hogar frecuentemente se enfrentan con decisiones difíciles en su trabajo con las familias, especialmente cuando no existe una respuesta "correcta" o "incorrecta" que sea clara y deben tomar una decisión basada en su juicio profesional. ¿En qué se pueden apoyar los visitadores del hogar para tomar esas decisiones? En esta sesión interactiva, los participantes analizaran situaciones relacionada con dilemas clínicos y éticos en las visitas al hogar y reflexionaran conjuntamente sobre posibles respuestas. Investigadores de Chapin Hall presentaran los resultados de un proyecto que reunió visitadores del hogar y supervisores en una serie de grupos de trabajo diseñados para apoyar la toma de decisiones en situaciones éticamente complejas. | Jennifer Baquedano |
| Engaging Parents through Storytelling | Every parent, in every program has a story to tell. In this session, Dr. Brady will look at the critical role of home visitors in engaging parents in services. With decades of professional experience, the presenter will share first hand stories of parent engagement, identifying the social skills around engagement. Attendees will also consider the significance of parent stories and their own stories to consider how it impacts their work. With examples and hands-on practice, the session will pull together the stories across the parallel process that lead to successful parent engagement. | Patricia A. Brady, M. Ed., PhD |
| Walking Alongside Families, Not Holding Them Back: Reflecting on Re-Enrollment | Across the Healthy Families America network, we recognize that decisions to re-enroll a family with the arrival of another baby are often complex and shaped by thoughtful clinical and contextual considerations. While there are times when re-enrollment is appropriate based on new family circumstances and reflective guidance from supervisors and Program Managers, it is equally important to consider how we celebrate families' growth while ensuring access for new families seeking support. Join us for an engaging and reflective workshop designed to spark meaningful conversation around intentional decision-making related to re-enrollment. Together, we will explore how to balance relationship-based support, family progress, program capacity, and equitable access in ways that honor the spirit and goals of HFA. Participants will leave with deeper insight, practical reflection tools, and renewed confidence in navigating these important conversations with compassion, purpose, and clarity. | Jess Jobe |

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| Full House: Strategies to Reach and Maintain Site Capacity | Is your site struggling to hit its enrollment target? In this session you will: Hear first-hand from site leaders who successfully navigated the journey from struggling to fill caseloads to reaching (and maintaining) site capacity, identify strategies to ensure site messaging effectively communicates value to community partners, gain practical tips for planning community events to meet families where they are, and take away actionable strategies to access key decision-makers and potential referral partners at local hospitals, clinics, and community agencies. | Shayna Cooper |

# Tuesday, Oct 27th,  2:30 PM Central

| Title | Description | Presenter 1 |
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| Talking About Cannabis with Families and Staff: Navigating Complexities | As more states legalize cannabis, HFA programs may face questions from staff and families about how to keep children safe at home. This session highlights strategies to make child safety a priority by building awareness and offering education to staff and families using a nonbiased and strength-based approach. Explore common concerns about cannabis's effects during pregnancy, young children's exposure to edibles and secondhand smoke, impaired judgment while using, and employment issues.  Attendees will reflect on strategies to address "stuck points" related to cannabis conversations and build skills for non-judgmental discussions with families. | Anne Auld |
| What would you do? Decision-making and Ethical Dilemmas | Home visitors are often faced with difficult decisions in their work with families when there is not a clear "right" or "wrong" course of action, but where the home visitor must make a choice. What can home visitors rely on to make these decisions?  In this interactive session, attendees will engage with vignettes related to clinical and ethical dilemmas in home visiting and will consider responses together.  Researchers from Chapin Hall will present results from a project that brought home visitors and supervisors together in multi-session workgroups to support decision making in these ethically challenging situations. | Jon Korfmacher |
| A Quilt of Wellness: Tools to Bring Safety, Warmth and Joy | Facilitated by two Family Support Specialists, this session will explore strategies and skills to ensure our own wellbeing while attuning to the needs of others. We will engage around tips and tools for establishing and maintaining balance and joy in the context of home visiting and parenting relationships. Join this session to consider your "why" as you maintain good emotional health under stress. | Adriana Houska |
| From Strategy to Practice: A Multi-Level Implementation Conversation | What does it take to implement more than one evidence-based home visiting model with fidelity? This session demonstrates that offering model variety expands family choice, strengthens engagement and allows communities to lead.  Through a guided dialogue featuring leadership, supervision, and frontline staff perspectives, participants will explore how one community intentionally adopted both SafeCare and Healthy Families America (HFA) as complementary — rather than competing — models. Through real-world examples, staff reflections, and a family success story, attendees will hear how implementation moves from strategy at the leadership level to practice in the home. | Peggy Ford |

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| Moments of Impact: Storytelling to Promote Connection | | Incorporating parent voice and direct service staff perspectives, this session invites attendees to reflect on the moments that have influenced them across the Healthy Families America parallel process. Through reflection and discussion, presenters will explore how these impactful moments can strengthen our connection to work. reinforce purpose, and deepen our commitments to each other. The session will highlight research on the benefits of story-telling as a way to promote attachment and create connection while attendees reflect on how their own "moments of impact" shape their perspectives, motivation and approach to the work. | Camielle Navarro |
| Building Parent Voice and Leadership: Successes and Lessons Learned in New Hampshire | | Parent voice and parent leadership are essential to the success of HFA programs. State leaders from New Hampshire's MIECHV team will share the story of their development of a State Parent Advisory Board to guide program improvement. Attendees can expect to hear from parent and program leaders about the process to welcome parents and engage them as partners at the state level, to explore practical ways to intentionally include parent perspectives in decision making and to reflect on strategies for growth. | Eva Thurston |
| Cada Historia un Hilo: Bad Bunny y el Poder de la Autenticidad para Tejer Comunidad y Pertenencia | | Esta sesión explora a Bad Bunny como un ejemplo de cómo la autenticidad y el orgullo cultural pueden convertirse en poderosas fuentes de fortaleza e influencia. Utilizando la metáfora de una colcha de retazos y sus hilos, reflexionaremos sobre cómo la historia única de cada persona contribuye a un tejido más amplio de comunidad y pertenencia. Juntos, consideraremos cómo abrazar nuestro yo auténtico y honrar nuestras culturas puede impactar a las familias a las que servimos, fortalecer las relaciones que creamos y fomentar un sentido más profundo de pertenencia dentro de las comunidades que apoyamos.<br><br>(english description - session only in Spanish)<br>Each Story a Thread: Weaving Authenticity and Community<br>This session explores Bad Bunny as an example of how authenticity and cultural pride can become powerful sources of strength and influence. Using the metaphor of quilting and threads, we will reflect on how each person's unique story contributes to a larger fabric of community and belonging. Together, we will consider how embracing our authentic selves and honoring our cultures can impact the families we serve, strengthen the relationships we build, and foster a deeper sense of belonging within the communities we support. | Lenny Rivota |

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| The Evolution of Supervision: Meeting Staff Where They Are | Effective supervision evolves alongside staff development. Newer staff often need more guidance, structure, and administrative support as they build confidence and competence in their roles. As staff gain experience, supervisory conversations can shift toward deeper reflection, professional growth, and problem-solving. This transition can present challenges for supervisors—new staff may require support in identifying topics for discussion, while experienced staff may question the need for ongoing supervision altogether. This session will explore how supervisors can recognize and respond to the changing needs of their staff over time. Participants will discuss strategies for balancing administrative and reflective supervision, fostering engagement at all stages of professional development, and creating meaningful supervisory relationships that support growth, learning, and retention. | Danita Roberts |

# Tuesday, Oct 27th,  4:00 PM Central

| Title | Description | Presenter 1 |
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| I'm Here - How Creative Outreach can Transform Relationships | Join this facilitated conversation between Family Support Specialists and Supervisors to explore the beauty and benefits of Creative Outreach.  Within the context of relational health and home visiting it is up to us to set the tone for healthy hellos and healthy goodbyes. We say to parents: we are here, we are empathetic, we are consistent and kind. We will be patient and present with you on your journey even when we do not hear from you.  Attendees will connect around what makes Creative Outreach challenging and how it helps depend partnerships and connections with families. | Emily Berry |
| Connection Session: Quilting Bee | Quilting Bees have historically been a social outlet where individuals came together to learn from one another, enjoy companionship, and pass along information, all while working on a quilt together. Join our HFA Live Quilting Bee for a time of connection, to learn from each other, and share our stories.<br><br>ES Session de coneccion (en espanol):  This topic will also be offered in Spanish!<br>Be sure to check back for date and time! | |
| Choosing your Approach in Reflective Relationships | Reflective communication fosters supportive relationships, between home visitors and parents, between supervisors and staff, and across the parallel process.  We use approaches like asking open-ended questions, naming emotions and active listening, but what happens in the space between considering how to respond and selecting our approach?  This workshop will focus on taking a closer look at that space.  Attendees will explore the factors that deepen our understanding of ourselves and the relationships we build to develop more meaningful and impactful interactions. | Isabel daSilva |
| From Compliance to Partnership: Building Trusting Relationships with Parents Involved in Child Welfare | Families who are involved in the child welfare system often begin home visiting programs with an understandably elevated level of mistrust and uncertainty. When early conversations prioritize compliance or funder expectations, relationship building gets more challenging.  This presentation will explore concrete strategies to engage families, establishing the parents as decision-makers and create space for co-regulation that grounds the home visitor- parent relationship.  Attendees will leave the session prepared to build trusting relationships and retain these families. | Kaela Spencer |

# Wednesday, Oct 28th,  1:00 PM Central

| Title | Description | Presenter 1 |
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| Weaving Stories of Survival, Recovery, and Parenting in Home Visiting | The 5 Chapter Parent Story Framework is a practical tool that helps parents reflect on their journey through five narrative anchors.  This interactive session will explore how story-telling, reflective listening and strength-based responses can support parents in recognizing their resilience and reclaiming their voice.  Through real world examples and interactive exercises, attendees will learn how this structured  approach can help engage parents reflect on their experiences, engage with their stories and envision what comes next. | Nathalie Valenzuela |
| Apoyando el cuarto trimestre: Integrando el apoyo de Doula posparto en las visitas al hogar de HFA | Acompáñenos en esta sesión para explorar como los componentes fundamentales de trabajo de las Doulas posparto, como brindar apoyo a las familias durante el periodo posterior al nacimiento, fortalecer la confianza en el cuidado infantil y reducir el estrés posparto, pueden adaptarse e integrarse dentro del marco relacional de HFA y los limites profesionales de las visitas al hogar. Personal de un sitio HFA que está cursando la certificación como Doula compartirá ejemplos reales de cómo han alineado las prácticas de apoyo posparto con el modelo HFA.  Los participantes se llevaran estrategias prácticas y adaptables para incorporar conceptos del trabajo de Doulas postparto en sus propias prácticas de visitas al hogar con familias. | Angelica Hernandez |
| Counties and Agencies in Partnership: Making Multi-Agency HFA Sites Work | Leaders from an HFA site in Minnesota will share their plans, experiences and lessons learned in implementing HFA as a multi-agency collaborative stretching across two  counties.  While addressing barriers like team cohesion, distinct data systems and consistency of implementation, attendees will learn what led to success in building a site like a patchwork quilt,  that meets the needs of funders, public health entities and most of all, the families. | Krista Middlebrooks |
| Tools for Hard Conversations: Intimate Partner Violence | Promoting healthy relationships in HFA also includes relationships between parents.  Join the Healthy Families San Diego team as they share what they learned by reviewing FROG Scale data and staff feedback about discomfort in facilitating conversations about intimate partner violence. They will share the intervention that they selected, an approach that normalizes conversations about safe and healthy relationships and includes IPV screening.  The presentation will weave stories from parents and home visitors about integrating tools and the relational approach to support healthy relationships. | Abby Belleza-Teply |

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| Responsive Home Visiting: Caregiver Identities and Experiences | | This session will share findings from a study exploring how Black caregiver identities shape their caregiving practices, and if and how home visiting services are responsive to caregiver socialization practices. Attendees won't just hear about findings, they will hear directly from a caregiver who participated in the study, sharing their lived experiences. The session offers practical approaches for centering caregiver racial and ethnic identities in program materials, content, and services. Attendees will also be invited into a conversation about how home visiting services may be reimagined to reflect caregiver identities. This session offers evidence, family voice, and actionable steps with the purpose of ensuring caregiver perspectives are central to the work of home visiting, and that all families receive culturally responsive, attuned services. | Amanda Eastern |
| Connection in Chaos: Co-Regulation and the Power of Play During Crisis | | This interactive workshop examines how stress and trauma influence early child development and family relationships, highlighting both the challenges of adversity and the hope made possible through neuroplasticity. Participants will explore the essential roles of co-regulation and play in fostering connection, healing, and resilience during times of stress or crisis. The session also emphasizes the power of Positive Childhood Experiences as protective factors that strengthen family well-being and support healthy developmental outcomes. Participants will learn and practice a three-step strategy that helps strengthen empathy, build co-regulation skills, and deepen caregiver-child connections. | Zoe Lemme |
| What We've Learned About Creating Social Media That Connects and Inspires | | This session offers a practical look at using social media with intention and authenticity. Ultimately, success isn't just about metrics—it's about using social media as a tool to connect, share impact, and stay grounded in purpose. Key takeaways include that consistency matters more than perfection; showing up regularly with genuine, human-centered content builds stronger connections than chasing trends. Participants are also reminded that not every post will perform well—and that's part of the process. Social media requires flexibility, ongoing learning, and adaptation. | Diana Sanchez |
| Home Visit Completion: Relational Strategies and the Home Visitor Perspective | | Strong relationships and consistent home visits don't happen by accident; they are built intentionally, visit by visit, family by family. A trio of home visitors will share the relational strategies and practical approaches behind their site's strong commitment to a high home visit completion rate. These presenters will discuss how they build and sustain trusting relationships with families over time, as well as how they approach missed and cancelled visits in ways that maintain connection and encourage families to stay engaged. The session will incorporate family perspective to ground these strategies in the lived experience of the families they serve. | Amanda Handy |

# Wednesday, Oct 28th,  2:30 PM Central

| Title | Description | Presenter 1 |
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| Applying the Down Home Model of Rural Social Work in HFA Home Visiting | This presentation weaves the stories of rural families and practitioners—their challenges, innovations, and resilience—into the broader HFA narrative, enriching our collective understanding of how to sustain and strengthen home visiting in under-resourced communities.  Using qualitative thematic analysis, this presentation shares findings from open-ended surveys distributed to both home visiting staff and participating families in a rural New Mexico HFA program.  With home visiting staff as co-presenters, data analysis  is grounded in authentic practice voice, and attendees will leave with practical understanding of implications for program development and reflective supervision practice that recognizes relational work as central to effective home visiting in rural and frontier communities. | Jessica Luther |
| Advocacy 101: Making Your Voice Count for Families | Advocacy doesn't have to be complicated. This session will walk through the basics of how to engage with policymakers in a way that is clear, effective, and grounded in your day-to-day work. We'll cover what advocacy is (and isn't), how to share your program's impact, and simple ways to build relationships with decision-makers. Whether you're new to advocacy or looking for a refresher, you'll leave with practical tools you can use right | |
| Connection Session: Quilting Bee | Join our second connection session to share and learn things you wish you had known.  What have you always wondered?  You will have opportunities to consider questions and hear responses from people across roles and perspectives.<br><br>ES Session de coneccion (en espanol):  This topic will also be offered in Spanish!<br>Be sure to check back for date and time! | |

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| Promoviendo el autocuidado de los Padres para Fortalecer los Resultados en HFA | ES | Los equipos de visitas al hogar reconocen la importancia del autocuidado para mantener su propio bienestar y poder presentarse de manera plena y autentica en sus relaciones de trabajo con familias. De manera similar, muchos padres y madres participantes de HFA suelen priorizar el cuidado de sus hijos por encima de sus propias necesidades emocionales y de bienestar. Esta presentación destacara el impacto positivo que el autocuidado puede tener en los padres y madres, incluyendo su salud mental, sus prácticas de crianza y las dinámicas familiares. La sesión será interactiva y reflexiva, e incluirá el testimonio de una familia participante sobre los cambios significativos que ocurren cuando se prioriza el autocuidado.<br><br>English Description of Spanish presentation<br>Supporting Parental Self-Care for HFA Outcomes<br>Home visiting teams focus on self-care as a way to support their own wellbeing, to be able to bring our full selves into our relationships at work. HFA parents often prioritize the care of their children over themselves, neglecting their own emotional well-being. This presentation will highlight the positive impact that self-care has on parents – their mental health, their parenting and family dynamics. The session will be interactive and reflective, including a testamonial from a participating parent that demonstrates the significant changes that can happen when a parent prioritizes self-care. | Jose Teran |

# Wednesday, Oct 28th,  4:00 PM Central

| Title | Description | Presenter 1 |
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| Birth Stories and Identity in Home Visiting | Birth is more than a medical event; it is often the first story families tell about becoming parents. This interactive session explores how birth narratives influence the transition into parenthood and how home visitors can support families in reflecting on and reclaiming their birth stories. Participants will hear  reflections from both parents and direct service staff that highlight the powerful role storytelling can play in building connection, resilience, and trust. Attendees will learn practical, trauma-informed strategies as we explore how holding space for birth stories can strengthen relationships, support parental identity, and help families begin their parenting journey with greater confidence and connection. | Kristy Fernandez |
| Calm in the Storm: Practical De-escalation Strategies for Family Engagement | Are you a program that is struggling to navigate crisis scenarios or challenges with families displaying traumatic responses due to historical experiences? Are you curious about ways to better assist home visitors with navigating challenging behavior due to mental and/behavior health concerns? Do you wish to know more on how to integrate de-escalation techniques with informed trauma care? This session will help you understand how to better navigate these scenarios by providing some basic TCIS tips that are relevant to the traumatic responses that may come up in visits and concrete de-escalation strategies. | Dr. Keiley Pfeiffer |
| Recipe 4 Success | Discover Recipe 4 Success, a research-based, FREE curriculum that helps home visitors partner with families in strengthening parenting skills, fostering children's self-regulation, promoting positive parent child interactions and healthy eating. Through a hands-on activity, attendees will explore key strategies like behavior descriptions, reflections, providing choices, and praise. Whether or not you implement the curriculum, you'll leave with valuable techniques to enhance parent-child interactions in your work. | Karen Villarreal |

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| Rupture and Repair: Tools for Building Connection and Emotional Safety | Ruptures, misunderstandings and breakdowns in communication are normal and inevitable events in relationships. They happen between caregivers and children, home visitors and families, and even among professionals working together in support roles. Yet many adults experience these moments as failure, rather than as opportunities for growth and reconnection. In this presentation Dr. Amy King will explore the importance of recognizing relational ruptures and intentionally offering repair as a way to strengthen trust, resilience, emotional safety, and connection. Attendees will leave with practical strategies, usable language, and renewed confidence in helping families understand that mistakes do not end connection. When adults model repair, they offer children one of the most powerful lessons of all: relationships can be repaired, trust can be rebuilt, and it is never too late to reconnect. | Amy King, PhD |
| Supporting the Fourth Trimester: Integrating Postpartum Doula Support in HFA Home Visiting | Join this session to consider how core components of postpartum doula work, like nurturing the birthing parent promoting infant care confidence and reducing postpartum stress, can be adapted to fit right in with HFA's relational framework and home visitor professional boundaries. Staff from an HFA site pursuing doula certification will share their real-world examples finding Doula-to-HFA alignment. Attendees will leave with practical, adaptable strategies for integrating postpartum doula concepts into their own home visiting practice with new families. | Angelica Hernandez |
| Confianza, Cultura y Narración en las Familias Hispanas | Las historias muchas veces están profundamente conectadas con la confianza, la cultura y la construcción de relaciones dentro de las familias Hispanas. Muchas familias crecen con mensajes sobre mantener los problemas dentro del hogar, proteger la dignidad familiar y encontrar fortaleza a través de la fe y la resiliencia. Esta sesión explorara como estas experiencias pueden influir en la comunicación, la vulnerabilidad y el compromiso durante el FROG o las visitas al hogar, mientras se crea un espacio para la reflexión y el aprendizaje compartido. | Claudia Oviedo |
| Do For, Do With, Cheer On! Responsive Support in Supervision | Not everyone needs the same thing in supervision! Intensity of supervisory support looks different over time, from new hire onboarding to long term support for more tenured staff. But how are we intentional about "tapering" supervisor support, while making sure staff get what they need? Attendees will engage with supervisory scenarios to consider together how to avoid cookie-cutter approaches and instead attune to staff needs for skill development and professional support. | Bijoux Pighee |

# Thursday, Oct 29th,  1:00 PM Central

| Title | Description | Presenter 1 |
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| Following the Home Visitor's Lead: What Supervisors and Home Visitors Tell Us About Reflective Supervision That Strengthens Staff Retention | Recent Healthy Families Massachusetts research shows that the quality of supervisory support is a key driver of home visitor retention. Home visitors feel most supported when supervisors meet them where they are, trust their expertise, and create space to reflect on the emotional impact of the work. This interactive session explores how supervisors can follow the home visitor's lead while balancing reflection, guidance, accountability, and program expectations. Drawing on Dr. Jessica Greenstone's Supervision Study and the FAN approach, participants will connect research to everyday practice through findings, discussion, and case review, leaving with strategies to strengthen relationships and deepen reflective practice. | Jenn Reed |
| Demystifying Prenatal Parent-Child Relationships (and CHEERS!) | Did you know bonding with baby starts long before the first diaper change? In this session, we'll explore how the parent's relationship with baby begins during pregnancy—and how parents, home visitors, and supervisors can recognize and nurture those early connections.  Participants will learn how to spot and nurture those small but significant signs that a growing relationship is already underway -plus, we'll spend some time learning about Prenatal CHEERS! | Kelly Foster |
| Community Advisory Board Success for Small Agencies | This presentation will incorporate the voices of leaders, direct service staff and parents as they share their organization's commitment to community engagement and oversight.  With a goal of developing an advisory board, the team built community connections, engaged parents and built an engaged and active group to provide feedback, guidance and support to the HFA site. Attendees will learn how even a very small local agency can invest in community and parent voice, with time and consistency, to create a sustainable, meaningful advisory board that they can be proud of. | Schelley Rondeau |
| A Parent's Experience of the Parallel Process in HFA | Rooted in reflection and relationship, the parallel process ensures that the attunement we promote between parent and child is echoed in attunement in the relationships between staff and families and in relationships between supervisors and home visitors. When staff feel supported, valued, and understood, they are better equipped to model empathy, compassion, and confidence with parents. In turn, parents strengthen their relationships with their children. Through shared perspectives from a supervisor, a home visitor, and an HFA parent, this presentation brings the parallel process to life and highlights its impact at every level of the Healthy Families America model. | Sarah Kramer |

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| Strategies and Resources for Effective Conversations about Kids and Screens | While digital technology has become a common part of daily family life, many caregivers and professionals struggle with how to balance screen use with the developmental needs of infants and young children. This session will explore the growing role of screens in the lives of young children and the implications for early brain development, social-emotional growth, and caregiver child relationships. Throug a combination of research, program data and parent perspectives, attendees will explore practical ways home visitors can engage families in supportive conversations about screen use without judgment. Expect to walk away with strategies to promote responsive interactions, strengthen caregiver confidence and center human connection and play. | Chase Davenport |
| Thrive from the Start: Engaging in Cross-Sector Efforts to Support Homeless Families | When families have safe, stable housing, access to high quality early development programs, and other supports that meet their needs, young children have a strong foundation to grow. Yet families experiencing housing instability face greater barriers to accessing the very services that can help. . In this presentation, attendees will learn about the policy roadmap and resources to address infant and toddler homelessness developed by Thrive from the Start, a national collaborative focused on these issues, and will discuss how to engage parents in these efforts to create sustainable change for communities. | Catherine Murphy |
| Hard Conversations in Home Visits: Parent Perspectives | Home visitors know the feeling, those visits where you know you are going to have to get into a conversation about a challenging topic. We may hesitate, out of fear of making the parent uncomfortable, or feeling uncertain that we have the skills to be successful. In this session, parents and their home visitors will reflect together on real life examples of some of those visits, those tough conversations, and what it was like for each of them. Attendees will engage in a reflection about trust and authenticity, deepening relationships and increasing our comfort with discomfort. | Kathleen Strader |
| Aplicando el modelo “Down Home” de Trabajo Social Rural en las Visitas de HFA | Esta presentación teje las historias de familias y profesionales de comunidades rurales- sus desafíos, innovaciones y resiliencia- dentro de la narrativa más amplia de HFA, enriqueciendo nuestra comprensión colectiva sobre como sostener y fortalecer las visitas al hogar en comunidades con recursos limitados. A través de un análisis temático cualitativo, esta presentación comparte hallazgos obtenidos de encuestas de preguntas abiertas realizadas tanto al personal de visitas al hogar como a las familias participantes de un programa HFA rural en Nuevo Mexico. Con el personal de visitas al hogar como copresentadores, el análisis de datos se basa en la voz auténtica de la práctica, y los participantes se llevarán una comprensión práctica de las implicaciones para el desarrollo del programa y la práctica de supervisión reflexiva que reconoce el trabajo relacional como central para visitas al hogar efectivas en comunidades rurales y fronterizas. | Bobbie Sue Giron |

# Thursday, Oct 29th,  2:30 PM Central

| Title | Description | Presenter 1 |
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| Reflective Group Consultation in HFNY: Evaluation and Insights into Workforce Supports | For Healthy Families New York sites, Reflective Group Consultation creates a supportive space for helping professionals to explore, discuss and learn from the emotional responses to their work with families in a group setting.  In this session, leaders from HFNY will share findings from the initial roll-out of RGC, including the voices of home visitors, supervisors and groups facilitators to provide how the groups are (or are not) working to support staff.  Presenters will also share the ways that state leadership has applied lessons learned to adapt these supports to best support staff. | Lori Reider |
| Family File Reviews: Honoring Parent Story in Documentation | Just as quilts are stitched together to tell stories across generations, home visit documentation integrates the stories of each family we serve.  Every CHEERS observation, area for support and strength becomes a patch to a greater narrative.  Family file reviews are more than a way to meet best practice standards, they can act as the stitching to integrate all of the pieces of the family story together.  Join this conversation about how reviewing family files is not just checking boxes, but a responsibility to honor the families whose lives we record. | Nassila Bock |
| Fun and Engaging Ways to Make Meaning with your Data | This is not your typical data analysis workshop! We're going to introduce some activities that encourage curiosity, prioritize collaboration, and ignite inspiration. Looking at data isn't always about finding faults or problems. It can also be about identifying strengths, informing decisions, and generating plans. Build your own facilitation skills, leverage HFA's reflective strategies and spark meaningful engagement with your data. Learners will leave with a handout of activities and tips for staff meetings, advisory board meetings, and family engagement. | Gretchen Brogdon |
| Think Big: Transforming an Organization with Reflective Practice | What if your whole organization adopted HFA's approach and parallel process?  This session highlights the process and outcomes of one organization integrating HFA's reflective approach grounded in empathy and intentional dialogue to transform organizational culture and strengthen service delivery.  Aligning HFA-informed reflection with the principles of Motivational Interviewing at the agency level strengthened consistency, accountability and critical thinking well beyond the HFA team, while deepening relationships with colleagues and those receiving services.  Are you ready to transform your workplace? | Phyllis Jones |

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| Centering Caregivers in Conversations about Challenging Behaviors | Challenging behavior is often one of the most emotionally charged topics that comes up in home visiting. This session invites participants to reframe "challenging behavior" as a child's language of distress while also making space for the caregiver's experience of that distress. Participants will learn how to use a consultative voice to explore caregivers' perspectives, deepen understanding, and collaboratively consider next steps—rather than defaulting to advice-giving. Drawing on brain science and current data on behavior change, session includes video examples and caregiver perspectives that highlight how it feels to be met with curiosity instead of correction. Finally, we will consider how home visitors can use their knowledge of the brain to regulate themselves and remain grounded in a consultative stance. | Kendall Appell |
| Building Skills around Responsive Safe Sleep Conversations with Parents | In response to the persistent yet largely preventable tragedy of Sudden Unexpected Infant Death, the Rhode Island Department of Health developed an innovative approach to safe sleep education. This session will describe the origins, development, implementation and evaluation of a Safe Sleep Simulation Lab, aimed at enhancing home visits' capacity to engage in sensitive, effective, and culturally responsive conversations with families at increased risk for SUID. Findings underscore the value of simulation-based training as a promising strategy for effective safe sleep education and reduction of risk. | Sara Remington |
| Brillo bilingüe: Cómo convertir tus habilidades lingüísticas en superpoderes profesionales ES | El personal bilingüe aporta mucho más que habilidades de traducción: aporta perspectiva cultural, conexión, adaptabilidad y potencial de liderazgo. Esta sesión ayudará a los profesionales bilingües a reconocer el valor de sus habilidades lingüísticas, fortalecer la confianza para usarlas en el trabajo y explorar cómo el bilingüismo puede mejorar la comunicación, ampliar oportunidades profesionales e impulsar el crecimiento en sus carreras. Las personas participantes saldrán con estrategias prácticas para abrazar sus habilidades bilingües como un verdadero superpoder en el ámbito laboral.<br><br>English description (session in Spanish only)<br>Bilingual staff bring more than translation skills—they bring cultural insight, connection, adaptability, and leadership potential. This session will help bilingual professionals recognize the value of their language abilities, build confidence in using them at work, and explore how bilingualism can strengthen communication, expand career opportunities, and advance professional growth. Participants will leave with practical strategies for embracing their bilingual skills as a true workplace superpower. | Sarai Perez |