

EVIDENCE OF EFFECTIVENESS

Citations

Healthy Families America® (HFA) is the nationally-recognized, evidence-based home visiting program of Prevent Child Abuse America®. By supporting parents in the home, HFA focuses on building nurturing, safe and trusting relationships between caregiver and child to maximize opportunities for all children –and parents– to reach their full potential.

Rigorous research demonstrates HFA's effectiveness in addition to meeting the criteria for federal funding through the Maternal Infant Early Childhood Home Visiting (MIECHV) program. **HFA's most rigorous evidence comes from 19 publications of randomized control trials, comparing the positive changes for HFA families to a randomized control group of families who did not receive HFA services.** HFA shows impacts in all eight domains examined by the Home Visiting Evidence of Effectiveness (HomVEE) review for the MIECHV program.

¹ Anisfeld, E., Sandy, J., & Guterman, N. B. (2004). *Best Beginnings: A randomized controlled trial of a paraprofessional home visiting program: Technical report.* Report to the Smith Richardson Foundation and New York State Office of Children and Family Services. New York: Columbia University School of Social Work. Additional Sources: Executive summary, Narrative summary.

² LeCroy & Krysik (2011). Randomized trial of the Healthy Families Arizona home visiting program. *Children and Youth Services Review*, 33, 1761-1766.

³ Lee, E., Mitchell-Herzfeld, S., Lowenfels, A. A., Greene, R., Dorabawila, V., & DuMont, K. A. (2009). Reducing low birth weight through home visitation: A randomized controlled trial. *American Journal of Preventive Medicine*, 36(2), 154–160. doi:10.1016/j.amepre.2008.09.029

⁴ Mitchell-Herzfeld et al (2005). *Evaluation of Healthy Families New York: First year program impacts.* Office of Children and Family Services. Available at: ocfs.state.ny.us/main/prevention/assets/HFNY_FirstYearProgramImpacts.pdf

⁵ Caldera, et al. (2007). Impact of a statewide home visiting program on parenting and on child health and development. *Child Abuse & Neglect*, 31(8), 829-852.

⁶ Landsverk, et al. (2002). *Healthy Families San Diego Clinical Trial: Technical Report.* Child and Adolescent Services Research Center, San Diego Children's Hospital and Health Center.

⁷ DuMont, K., Mitchell-Herzfeld, S., Greene, R., Lee, E., Lowenfels, A., Rodriguez, M., et al. (2008). Healthy Families New York (HFNY) randomized trial: Effects on early child abuse and neglect. *Child Abuse & Neglect*, 32(3), 295–315.

⁸ Duggan, Caldera, et al. (2007). Impact of a statewide home visiting program to prevent child abuse. *Child Abuse & Neglect*, 31(8), 801-828.

⁹ Duggan, A., McFarlane, E., Fuddy, L., Burrell, L., Higman, S. M., Windham, A., et al. (2004). Randomized trial of a statewide home visiting program: Impact in preventing child abuse and neglect. *Child Abuse & Neglect*, 28(6), 597-622.

¹⁰ DuMont, K., Kirkland, K., Mitchell-Herzfeld, S., Ehrhard-Dietzel, S., Rodriguez, M. L., Lee, E., Layne, C., & Greene, R. (2010). A randomized trial of Healthy Families New York (HFNY): Does home visiting prevent child maltreatment? Washington, DC: National Institute of Justice.

¹¹ Kirkland, K., & Mitchell-Herzfeld, S. (2012). *Evaluating the effectiveness of home visiting services in promoting children's adjustment in school: Final report to the Pew Center on the States.* Rensselaer, NY: New York State Office of Children and Family Services, Bureau of Evaluation and Research.

HFA's most rigorous evidence demonstrates the positive outcomes for children and parents and how HFA is helping to strengthen families and promote child well-being.

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Citations

Continued from previous page:

¹² Bair-Merritt, M. H., Jennings, J. M., Chen, R., Burrell, L., McFarlane, E., Fuddy, L., et al. (2010). Reducing maternal intimate partner violence after the birth of a child: A randomized controlled trial of the Hawaii Healthy Start home visitation program. *Archives of Pediatrics and Adolescent Medicine*, 164(1), 16-23.

¹³ LeCroy, C. W., Davis, M.F. (2016). Randomized Trial of Healthy Families Arizona: Quantitative and Qualitative Outcomes. *Research on Social Work Practice*.

¹⁴ Jacobs, F. Easterbrooks, M., Goldberg, J., Mistry, J., Bumgarner, E., Raskin, M., Fosse, N., & Fauth, R. (2015, online). Improving adolescent parenting: Results from a randomized controlled trial of a home visiting program for young families. *American Journal of Public Health*, e1-e8. See also, Jacobs, F., Easterbrooks, A., Mistry, J., et al. (2015). *The Massachusetts Healthy Families Evaluation-2 (MHFE-2): A Randomized Controlled Trial of a Statewide Home Visiting Program for Young Parents. Final report to the Children's Trust of Massachusetts*. Medford, MA: Tufts University.

¹⁵ Green, B.L., Tarte, J.M., Harrison, P.M., Nygren, M., Sanders, M.B. (2014). Results from a randomized trial of the Healthy Families Oregon accredited statewide program: Early program impacts on parenting, *Children and Youth Services Review*, 44, 288-298

¹⁶ Duggan, A. K., McFarlane, E. C., Windham, A. M., Rohde, C. A., Salkever, D. S., Fuddy, L., et al. (1999). Evaluation of Hawaii's Healthy Start program. *Future of Children*, 9(1), 66-90.

¹⁷ Easterbrooks, A., et al. (2017). *The Massachusetts Healthy Families Evaluation-2: Early Childhood (MHFE-2EC): Follow-up Study of a Randomized, Controlled Trial of a Statewide Home Visiting Program for Young Parents*. Final Report to Massachusetts Department of Public Health, Children's Trust of Massachusetts. Medford, MA: Tufts University.

¹⁸ Green, B.L., Tarte, J.M., Sanders, M.B., and Waller, M.S. (2016). *Testing the Effectiveness of Healthy Families America in an Accredited Statewide System: Outcomes and Cost-Benefits of the Healthy Families Oregon Program: Final Project Report*. Portland, OR: Portland State University and NPC Research.

¹⁹ Galano, J., Credle, W., Perry, D., Berg, S.W., Huntington, L., and Stief, E. (2001). Developing and Sustaining a Successful Community Prevention Initiative: The Hampton Healthy Families Partnership. *Journal of Primary Prevention*, 21(4), 495-509.