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“The Healthy Families America initiative is the most hopeful and promising development that has occurred within the memory of anyone working in the field of child maltreatment.”

*-American Academy of Pediatrics*

## **Help in the Home for New Parents**

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Launched in 1992 by Prevent Child Abuse America, Healthy Families America® works with new and expectant parents in their homes, building on strengths to help them become the best parents possible. The program has three equally important goals: to promote positive parenting, to encourage child health and development and to prevent child abuse and neglect. Families voluntarily work with home visitors to develop the skills needed to create and maintain a strong and nurturing bond with their children.

Healthy Families America home visitors – highly trained and caring individuals with backgrounds in fields ranging from public health, child development and mental health to education and social work – provide a variety of services to families. They model positive parenting behavior; share strategies on different approaches to discipline; assist with stress management; and work with families to identify information, resources and services to best match their needs.

In a decade of service, Healthy Families America has grown to more than 450 sites in North America, assessing 82,000 families and providing 50,000 families with comprehensive home visiting services each year.

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®Healthy Families America is a registered trademark of  
Prevent Child Abuse America

Studies have shown that Healthy Families America works. Research indicates the program:

- Reduces child abuse and neglect,
- Promotes positive parenting practices,
- Improves family health,
- Enhances school readiness,
- Increases self-sufficiency, and
- Helps ensure healthy child development.

Healthy Families America's national partners include the American Academy of Pediatrics, the American Medical Association, the National Head Start Association and the Cooperative Extension Service of the U.S. Department of Agriculture, the National Association of Children's Hospitals and Related Institutions, and others.

## **Prevent Child Abuse America**

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Prevent Child Abuse America is a non-partisan 501(c)3 organization working at the national, state and local levels to prevent the abuse and neglect of our nation's children. Supported by private and corporate donors, Prevent Child Abuse America is widely known for its public awareness, education, prevention programs, advocacy and research.

For more information and research on Healthy Families America and home visiting, visit:

[www.healthyfamiliesamerica.org](http://www.healthyfamiliesamerica.org)

[www.preventchildabuse.org](http://www.preventchildabuse.org)

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