



## HFA Training & Technical Assistance Resources

HFA national office staff provide training and technical assistance to help communities implement the HFA model. The following training and technical assistance services are available:

- **Core Training:** A required training for all direct service staff and their supervisors/program managers within six months of hire, core training instructs staff in their specific roles.

- **Assessment Core Training\***

The Assessment Core Training is an in-depth, formalized training designed for staff whose primary role is to conduct initial assessments. It is also ideal for home visitors, who want to advance their communication skills to more confidently address difficult situations with families. Four full days for the family assessment specialist, plus an additional fifth day for supervisors and program managers include topics such as, but not limited to: identifying overburdened families, interviewing skills, conducting risk assessments, completing necessary paperwork and documentation, family-centered support services, communication skills, etc.

- **Home Visitor Core Training \***

Home Visitors Core Training is an in-depth, formalized training intended for home visitors of a Healthy Families America program. Four full days for the home visitor, plus an additional fifth day for supervisors and program managers, the training outlines the specific duties of the home visitor in their role within Healthy Families America. Topics include, but are not limited to: establishing and maintaining trust with families, goal setting, completing necessary paperwork/documentation, the role of the home visitor, communication skills, intervention strategies, etc.

**Costs:** \$3800 trainer fee per week of training plus all trainer travel and participant materials ranging from \$40-\$80 per person. Trainings typically hold up to 12 (Assessment) or 16 (Home Visitor) trainees per session.

- **Advanced Supervisor Training**

Building on the day of training for supervisors and program managers of HFA direct service staff positions (Family Assessment Specialists and Home Visitors), this training consists of three intensive days of in-person training, covering topics that include but are not limited to: the three types of supervision, quality management techniques, crisis management, case management and reflective practice. *Please Note: This training is due to be available to the network at the end of 2011.*

**Costs:** \$3400 trainer fee per training plus all trainer travel and participant materials at \$40 per person.

- **Wraparound Training:** Wraparound training complements core training and covers the additional training topics necessary to support home visitation staff in their duties. Twelve online self-paced modules are available to all program staff and provide 35 hours of training on important topics such as:

- Keeping babies healthy and safe;
- Fostering infant and child development;
- Addressing domestic violence;
- Preventing child abuse;
- Recognizing substance abuse;
- Responding to relationship issues; and,
- Promoting mental health.

The Healthy Families America Learning Center website also helps staff and supervisors track successful course completion. Additionally, Supervisors receive notice when staff are nearing due dates to ensure timely receipt as required by HFA best practice standards.

**Costs:** Free to all affiliated programs whose annual fees are paid. Non-affiliated programs can purchase access to all 12 modules for \$150 per person.

- **Great Beginnings Start Before Birth:** A home visitor curriculum training that supplies service providers with strategies for supporting families during the prenatal period. This period of time offers a great window of opportunity for the home visitor to establish a trusting relationship, and focus intently on the mother and father. Based on best practice standards, with a special emphasis on the psycho-social issues facing expectant parents, home visitors will learn how to help parents enhance prenatal bonding, stimulate brain development and reduce stress, thereby increasing healthy mother/baby birth outcomes.

**Costs:** \$2550 trainer fee for three days of training plus all trainer travel and participant materials at \$40 per person.

- **Customized Advanced Trainings:** Given the comprehensive nature of the model, many HFA sites find that staff benefit from additional training on a variety of topics to further advance their knowledge and skills. HFA national staff are available to deliver customized one, two or three day advanced training that are focused on specialized content areas and based upon need.

**Costs:** \$1500 trainer fee per day minimum plus all trainer travel and participant materials.

- **On-site Technical Assistance:** HFA program sites can benefit by enlisting the expertise of a national staff person who will provide individually tailored support during a variety of phases (i.e. program planning, implementation, and evaluation). HFA national staff are available to provide individual on-site technical assistance to programs at any time upon request.

**Costs:** \$1250 fee per day, with a full day minimum, plus all related staff travel and materials.

If you are interested in any of the above trainings and/or technical assistance options, **please contact Lisa Sutter, HFA Training Director, at [lsutter@preventchildabuse.org](mailto:lsutter@preventchildabuse.org) or (530) 251-6467.** National staff and space are limited, so plan ahead and secure your supportive services today!

\* As an additional option, HFA offers a Train the Trainer mentoring process for sites wishing to build their infrastructure by training their own staff to deliver core trainings. Admissions requirements into the mentoring process, along with costs and timelines of completion, are available by contacting the HFA Training Director at [lsutter@preventchildabuse.org](mailto:lsutter@preventchildabuse.org).